ENNEAGRAM + PRAYER

Five The Investigator

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NATURAL STRENGTHS

- Loves time alone
- Good listeners and observers
- Can go deep easily

OPPORTUNITIES FOR GROWTH

- Turning to prayer first before processing things yourself
- Knowing that your feelings are important to God and not just the facts
- Not getting bogged down in semantics

ACTION STEPS

- Pray with your eyes open or do something physical while you pray like walking or stretching to keep you grounded in this world instead of being consumed with your inner life.
- 2. Set a timer for 15 minutes and write your prayer. Let your thoughts flow freely and unhindered.
- **?. Pray honestly with others.** Embrace community and express real things in prayer times with others instead of prettying up your requests to protect your privacy.

